

**Monday**

**3**

Beef Bologna & Cheese  
On Whole Wheat Bread  
Orange  
Chilled Baby Carrots

**Tuesday**

**4**

Hard Boiled Egg  
Whole Grain Pita  
Chocolate Brownie Hummus  
Celery Sticks

**Wednesday**

**5**

Macaroni Salad with Tuna  
Two Whole Grain Breadsticks  
Grapes  
Fresh Spinach

**Thursday**

**6**

American Hoagie  
On a Whole Grain Hoagie Roll  
Plum  
Grandma's Potato Salad

**Friday**

**7**

Turkey BLT  
On a Whole Grain Croissant  
Pear  
Garbanzo Bean Salad

**10**

Roast Beef & Cheese  
On Whole Wheat Bread  
Pears  
Three Bean Salad

**11**

Chicken Caesar Salad  
With Romaine Mix  
Apple  
Two Whole Grain Breadsticks

**12**

Chicken Salad  
On a Whole Grain Bun  
Orange  
Diced Tomato Salad

**13**

American Cheese Hoagie  
On a Whole Grain Hoagie Roll  
Applesauce Cup  
Fiesta Corn Salsa

**14**

Chipotle Turkey Wrap  
Plum  
Cucumber Salad

**17**

Grilled Chicken  
On a Whole Grain Bun  
Orange  
Chilled Black Bean & Corn Salad

**18**

Turkey Ham & Cheese  
On Whole Wheat Bread  
Sliced Apples  
Garbanzo Bean Salad

**19**

Tuna Salad  
On Whole Grain Flatbread  
Plum  
Grandma's Potato Salad

**20**

Pizza Protein Pack  
With Whole Grain Flat Bread  
Pear  
Chilled Baby Carrots

**21**

Strawberry Spinach Salad  
Whole Grain Dinner Roll  
Apple

*Winter Break*

**24**



*Winter Break*

**25**



*Winter Break*

**26**



*Winter Break*

**27**



*Winter Break*

**28**



Happy New Year's  
Eve!

**31**



Happy New Year!

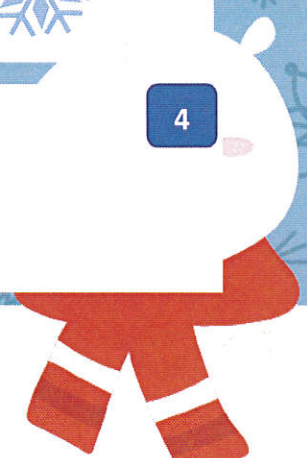
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**2**

**3**

**4**



**PLEASE READ CAREFULLY.** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.