

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

**1**

Beef Bologna & Cheese  
On Whole Wheat Bread  
Orange  
Chilled Baby Carrots

**2**

American Hoagie  
Plum  
Grandma's Potato Salad

**3**

Turkey BLT  
On a Whole Grain Croissant  
Pear  
Garbanzo Bean Salad

**4**

**7**

Roast Beef & Cheese  
On Whole Wheat Bread  
Pear  
Three Bean Salad

**8**

Chicken Caesar Salad  
With Romaine Mix  
Two Whole Grain Breadsticks  
Apple

**8**

Chicken Salad  
On a Whole Grain Bun  
Orange  
Diced Tomato Salad

**9**

American Cheese Hoagie  
Applesauce Cup  
Fiesta Corn Salsa

**10**

Chipotle Turkey Wrap  
Plum  
Cucumber Salad

**11**

**14**

Grilled Chicken  
On a Whole Grain Bun  
Orange  
Celery Sticks

**15**

Turkey Ham & Cheese  
On Whole Grain Bread  
Sliced Apples  
Garbanzo Bean Salad

**15**

Tuna Salad  
On Whole Grain Flatbread  
Plum  
Grandma's Potato Salad

**16**

Pizza Protein Pack with Sauce & Cheese  
Whole Grain Flatbread  
Pear  
Chilled Baby Carrots

**17**

Strawberry Spinach Salad  
Whole Grain Dinner Roll  
Apple  
Fresh Spinach

**18**

**21**

Turkey & Cheese  
On Whole Grain Bread  
Orange  
Chilled Black Bean Salad

**22**

Chicken Salad  
On a Whole Grain Pretzel Roll  
Grapes  
Celery Sticks

**22**

Southwest Chicken Fajita Salad  
With Romaine Mix  
Pear  
Yellow Tortilla Chips

**23**

Buffalo Chicken Wrap  
Plum  
Fiesta Corn Salsa

**24**

Turkey Bacon, Chicken & Ranch Wrap  
Apple  
Carrot Raisin Salad

**25**

**28**

Beef Bologna & Cheese  
On Whole Wheat Bread  
Orange  
Chilled Baby Carrots

**29**

Egg Credible Protein Pack  
Whole Grain Pita  
Apple  
Celery Sticks

**29**

Macaroni Pasta Salad with Tuna  
With Fresh Spinach  
Two Whole Grain Breadsticks  
Grapes

**30**

American Hoagie  
Plum  
Grandma's Potato Salad

**31**

Turkey BLT  
On a Whole Grain Croissant  
Pear  
Garbanzo Bean Salad

**1**

**PLEASE READ CAREFULLY.** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.